

COPPERFIELD HILL CHATTER

AUGUST 2017

A NOTE FROM THE EXECUTIVE DIRECTOR

Greetings to the Copperfield Community—

August is here! The summer is going fast and we have all been busy. The 52nd Annual Garden Show hosted by The Diggers Garden Club was a great success. Our Whiz Bang Float was a big hit with our very own “Coppertone Chorus” performing. This is the choral group that gathers to practice on Wednesday afternoons in the Manor dining room. With one year under our belt, practice begins for year two! In September we look forward to the Alzheimer’s Walk down at Target Field and our Harvest Fest.



The Coppertones

We continue to welcome more residents to our community. Thank you for your hospitality. August is time for vacations and then the process of getting ready for the new school year. I know many families, both staff and resident, will be busy with that. Enjoy the rest of the summer and thank you for choosing Copperfield Hill as your home.

Todd Klein, Executive Director



Manor Office Hours:

Mon - Fri 9:00am-6:00pm

Sat – 10:00am-4:00pm

Sun - Noon - 4:00pm

Location:

4200 40th Ave North

Robbinsdale, MN 55422

763-277-1001

Lodge Office Hours:

Mon– Fri 9:00am-5:30pm

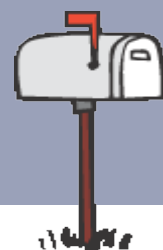
Sat—Sun: 10:00am– 4:00pm

Location:

4020 Lakeland Ave North

Robbinsdale, MN 55422

763-277-1001



JOIN OUR MAILING LIST!

If you would like to join our mail or e-mail list, please e-mail your request to subscribe@copperfieldhill.com. If you have questions about becoming a resident of Copperfield Hill, feel free to contact us at (763) 277-1001 or visit us on the web at www.copperfieldhill.com

Contacts:

Executive Director

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Building Services Director

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Marketing

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Nursing

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LaDonna Bateman, LPN

Matthew Dawson, LPN

Sandra Williams, LPN

Grace Diego, RN

Abena Cornormia, RN

Lindsey Scribner, RN

Director, Recreation & Wellness

Beth Sutton

Activity Directors

Brenda Warner

Jennifer Marcuson

Pastor

Jan Hartsook

Building Assistant Managers

Mary Ngeru

Roxanne Ornat

EVENT HIGHLIGHTS FOR AUGUST

Manor

August 9th at 2:00 pm Birthday Party with Shawn Sweeney



August 11th at 10:30 am Denny's & Walmart Outing



August 16th at 2:30 pm Happy Hour with Scott Beaumont



August 22nd at 6:15 pm Harriet Band Shell/US Airforce Band



August 23rd at 1:30 pm Full Bloom "Phyllis Diller"



August 24th at TBD New Resident Welcome Party



Lodge

August 4th at 9:30 am Book Club



August 9th at 1:30 pm Arts in the Park



August 16th at 12:30 am Movie Outing



August 24th at 2:00 pm Birthday Party



August 30th at 2:30 pm Cooking Class



Join us for **National Night Out**—August 1st, 5:30-6:30 pm on the Manor front lawn. There will be an Ice Cream Social and music by Curtis and Loretta. All are welcome.



Ask The Nurse—August 25th, 10:00 am in the Manor Dining Room. Please come get your blood pressure checked and discuss questions with our nursing staff.



Coming Up—

Walk to End Alzheimer's at Target Field—Saturday, September 9th

Harvest Fest Celebration at Copperfield Hill—Saturday, September 30th

Minnesota State Fair—August 24—September 4, 2017

Notes from Pastor Jan

Assembling Backpacks

Residents of the Manor and Lodge will be assembling School backpacks on Tuesday, August 29 at 3:00 in the Manor Dining Room. The backpacks will be given to local schools in Robbinsdale for children whose family can not afford school supplies.

Women's Support Group at the Lodge

A Women's Support Group will begin at the Lodge at the request of one of the residents. We will meet on the 1st and 3rd Tuesdays of the month from 10:15-11:00 in the Lodge Dining Room. The group will be led by Carol Scott and Pastor Jan. Women residents are invited to attend this confidential group to talk about any concerns or feelings. This is not a therapy group but rather we are there to listen and to support one another.

Needed: Volunteer Organist or Piano Player

Worship Service, 3rd Tuesday of each month at 2pm in the Manor Community Room. Contact: Pastor Jan Hartsook at 763-913-8347 or jhartsook@copperfieldhill.com

Marketing Minutes

Thanks go out to all of those who helped make the Whiz Bang Days Parade the success that it was. Many helped plan, decorate and ride on the float. The Coppertones were a big hit. We hope you all had a great time. Thanks to all our fans who cheered us on.

We are pleased to welcome Jessica Boden as the new Marketing Assistant in the Marketing Department. Jessica joins Copperfield Hill after working as a retail manager. Jessica has a degree in Marketing and Gerontology from MN State University / Mankato. While there, she was an intern at The Commons on Marice, an Assisted Living Community in Eagan, MN. She brings many skills that will benefit our marketing team. We are glad to have her join us at Copperfield. Welcome, Jessica.

Mark your calendars. We are once again planning our Fall Harvest Fest. It will be held on September 30th on the front lawn at Copperfield. This year we will welcome the famous polka group The Chmielewski's. Three generations of this legendary family will be performing. Also, there will be a petting zoo, games and refreshments. All are welcome. Please, bring your friends and families.



Welcome Neighbors!

Anthony N.

Thomas D.

Irene W.

Carol M.

Madeline G.

Diane K.

Did you know?



On August 21, 2017, people across the United States will see the sun disappear behind the moon, thus, turning daylight into twilight.

This total solar eclipse will darken the skies and cause the temperature to drop rapidly. The eclipse will also reveal large streams of light streaking through the sky around the silhouette of the moon. America will fall under the path of a total solar eclipse.

When the entire disk of the moon blocks the last sliver of light from the sun, the sun's outer atmosphere, the corona, becomes visible. The corona is far from an indistinct haze; sky watchers report seeing great jets and ribbons of light, twisting and curling out into the sky. "It brings people to tears," Rick Fienberg, spokesperson for the American Astronomical Society (ASA) states. This is a "total" eclipse.

The totality of the eclipse, the area inside the moon's shadow is cloaked in twilight, a very strange feeling to experience in the middle of the day. Just before totality, a cloak of darkness can be seen moving across the landscape. Unfortunately, Minnesota will not be in the area of totality. So these effects are not fully visible during what we will experience - a partial solar eclipse.

Happenings from the Recreation and Wellness Department

I can hardly believe that we are coming into August. July kept the Residents busy with many activities. We kicked off the month with making tissue paper flowers for Copperfield Hill's float for Whiz Bang days. On Sunday, July 10th, was the Robbinsdale Whiz Bang Days Parade. This year, we exited from our "royalty" float theme to showcase our very own Copperfield Coppertones Chorus. There were 10 Residents on the float singing patriotic songs with accompaniment on the keyboard by Malcolm from the band CODA. The Residents really enjoyed themselves. So did all the spectators! Our trip to the MN Landscape Arboretum was a nice outing. Everyone enjoyed the opportunity to look at many of the wild flowers, trees and different shrubbery. As always, the Residents really had fun at the Birthday Party and Happy Hour. This month we had a special celebration for those turning 100 or older. Because the rain held off, we all enjoyed the concert at the Lake Harriet Band Shell. There was a wonderful blues band playing that evening. This month we will be returning (weather permitting) to hear the US Airforce Band. Lunch outings to the Texas Roadhouse and Country Kitchen were a hit too. The month of July ended with the serving of ice cream treats. You can never have too much ice cream in these hot summer months. Look for August's upcoming events in other parts of this newsletter and on your monthly calendar. There is much more as we enjoy our beautiful Minnesota summer. ~ Beth



Fun using Model Magic Clay
Lawn Games & Lake Harriet
Paper flowers for the float
Centenarian Celebrations



Memory Care Moments

Two great groups visited memory care recently. First was our pet therapy animals and the second was a group of local children. It was a wonderful visit. Also, Lisa the “Singing Cowgirl” entertained the Lodge Memory Care Residents with her renditions of John Denver songs. Artsy Smartsy came to visit, too. Last, but not least, Bunnie, Avis and Sandy enjoyed the Whiz Bang Day Parade.



Spot Light on Caregiving—Meet Brenda Warner

Brenda Warner has been a caregiver at Copperfield Hill for 24 years. Since 1993, Brenda has been a dedicated team member, friend and teacher. When Brenda started, she was a personal aid for residents. In 2005 she found her true passion - working with our memory care residents. If you ask Brenda what propelled her passion to spend her time working in memory care, she would say, “Because of my Mom.”

Helping her mother who had Parkinson’s Disease, Brenda learned more about caregiving and dementia. Her passion began. “I started taking classes and there were great resources on line and with the Alzheimer’s Association.” With added training and an increase in the population with dementia, Brenda got to know more families facing the challenges of dementia. “I can help people live a full life and have fun in spite of their dementia.”

Brenda has been a leader for Copperfield Hill’s Caregiver Support Group and also the Caring Companions. Caring Companions is a volunteer group that spends time visiting and participating in activities with our memory care residents at Copperfield Hill. Brenda’s dedication and support are witnessed daily.

Thank you, Brenda, for all that you do.... for so many.



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