

COPPERFIELD HILL CHATTER

MAY 2017

A NOTE FROM THE EXECUTIVE DIRECTOR

Greetings to the Copperfield Community—

Please join us, as we congratulate Olivia Casper with her promotion to Director of Healthcare at Copperfield Hill. She is replacing Chantelle Norman.

As Director of Healthcare, Olivia will be directing the Nursing Department across the Copperfield Hill campus. She will continue developing relationships and providing her expanse of knowledge to the residents and nursing staff.

Olivia began her career as an RN at Copperfield Hill in 2015 and is excited to expand her involvement as our Director of Healthcare. Olivia holds a Bachelor's Degree in Nursing and has abundant experience working with seniors in various settings. She enjoys working with our residents and their families to make Copperfield Hill a warm, safe and secure place to call home.

In her free time, Olivia enjoys spending time with her husband and their dogs, camping, traveling and enjoying the outdoors.

Todd Klein,
Executive Director



Manor Office Hours:

Mon - Fri 9:00am-6:00pm

Sat - 10:00am-4:00pm

Sun - Noon - 4:00pm

Location:

4200 40th Ave North

Robbinsdale, MN 55422

763-277-1001

Lodge Office Hours:

Mon- Fri 9:00am-5:30pm

Sat—Sun: 10:00am— 4:00pm

Location:

4020 Lakeland Ave North

Robbinsdale, MN 55422

763-277-1001

JOIN OUR MAILING LIST!

If you would like to join our mail or e-mail list, please e-mail your request to subscribe@copperfieldhill.com. If you have questions about becoming a resident of Copperfield Hill, feel free to contact us at (763) 277-1001 or visit us on the web at www.copperfieldhill.com



Contacts:

Executive Director

Todd Klein

Building Services Director

Lee Pawlik

Marketing

Sherry Schmidt

Jennifer Zachman

Charlotte Hoes

Director, Dietary Services

Brian Kesanen

Nursing

Olivia Caspers, RN

LaDonna Bateman, LPN

Matthew Dawson, LPN

Sandra Williams, LPN

Grace Diego, RN

Abena Cornormia, RN

Director, Recreation & Wellness

Beth Sutton

Activity Directors

Brenda Warner

Jennifer Marcuson

Pastor

Jan Hartsook

Building Assistant Managers

Mary Ngeru

Roxanne Ornat

EVENT HIGHLIGHTS FOR MAY

Manor

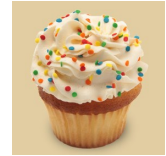
May 5th at 1:30 pm

Kentucky Derby Celebration



May 12th at 2:15 pm

Mother's Day Bingo & Cupcakes



May 18th from 10am-2pm

Health & Wellness Fair



May 23rd at 10:00 am

Free Hearing Aid Clinic



Lodge

May 8th at 12:15pm

Target



May 9th at 12:30 pm

Pokeno



May 18th at 2:00 pm

Birthday Party



May 22nd at 12:30 pm

Bingo



Please see specific activity calendars and announcements posted in elevators in both the Lodge and Manor. Activity times and locations are subject to change with limited notice. Thank you!

Notes from Pastor Jan

Grief Support Group

The Grief Support Group continues to meet in the Multimedia Room in the Manor on the first Tuesday of the month at 1:00 pm. Everyone is welcome to attend as we meet together to support one another in the grief that we have experienced.

Reminiscing

On the first Tuesday of the month at 2:30 pm Residents are invited to the Lodge Dining Room to reminisce about interesting and fun things they remember from their past. It is a time to share and to enjoy stories together.

Pastor / Resident Brunch

On April 27, over 50 residents and pastors attended a brunch at Copperfield Hill. It was a time to thank the pastors for their ministry, to meet pastors from our community, and to share a meal together. A special thank you to Brian and his staff for the delicious brunch that was served!

Assembling New Born Kits

Residents from the Lodge and Manor will assemble New Born Kits on Tuesday, May 30 at 3:00 in the Manor Dining Room. The kits will be taken to Global Health Ministries in Fridley, Minnesota. They will distribute them to mothers who live in poverty in several countries around the world.

Notes from Chef Brian

Please join Chef Brian as he demonstrates homemade pizza making. Brian will show how to prepare an easy pizza dough, grilled on the BBQ and topped with homemade pizza sauce and your favorite pizza toppings. Light refreshments will be served. Come ready to sample! The time and date are to be determined, weather dependent. Please watch for postings in the elevators and lobbies.



Caregiver Support Group

Join us on, May 22nd at 6pm in the Manor Community Room. Please contact Brenda if you have any questions. All are welcome.

Welcome New Neighbors!

Joyce W.

Mable B.

Homer H.

Dolores H.

Ron B.

Willie S.

Roianne R.

Lorraine S.

Marje C.

Kathy K.

Pauline E.

Howard G.

For the seventh year, in a row, COPPERFIELD HILL was voted by readers of the Sun Post, the "Best Assisted Living" in Robbinsdale.



Happenings from the Recreation and Wellness Department

Well, we are coming into May and they say April showers bring May flowers, nobody said anything about it being snow showers. We ended April with cooler temperatures and a few flurries, but the flowers are still trying to bloom. The Residents had another busy month here at Copperfield Hill in April. They enjoyed Happy Hour with entertainer Monroe Wright and the Birthday Party with Jonny Bird. Pastor Jan led Good Friday Services and had Easter Communion service the Tuesday after Easter. Full Bloom was here and had a slide show presentation on Ella Fitzgerald. The Residents always love the Chocolate Lover's support group, this month they were served chocolate covered crème puffs. We ended the month with the Resident & Pastors Brunch. Thank you to Brian and to all of the dietary department. The dining room looked beautiful and the food was delicious! There were great conversations going on, and we had a wonderful turn out. Thanks to all staff who helped make this event such a success! As we look forward to May, we have some big special events taking place. Kentucky Derby Days, where we will start off the week making Kentucky Derby Hats. Friday, May 5th at 1:30 we will have a Kentucky Derby party with simulated horse racing, background music-Kentucky style, strawberry tortes, lemonade with mint leaves, and prizes for the best Kentucky Derby hat and crazy pants. So, come to the Manor Dining Room for some Kentucky Derby fun. The actual Race is on Saturday, May 6 at 5:30 on Channel 11. We will also have our annual Memorial Day picnic. This will be held on Friday, May 26 at 11:30 outside in the front parking lot. Phil Kitze will be our entertainment. I wish everyone a wonderful May, summer is just around the corner! ~Beth Sutton



Enjoying
Happy
Hour,
Pastor/
Resident
Brunch &
the Salem
social.



Notes from Building Services

Just a friendly reminder, the Copperfield Hill Maintenance staff provides routine service including: repairs of all permanent fixtures within your apartment, appliances, plumbing, heating and electrical needs. **Please help our team by making all maintenance requests through the front desk.** All maintenance requests are entered into a computer program that is routinely checked by a member of the maintenance staff. We are able to track all requests in order to schedule repairs. If you stop staff in the hall for example, those requests are not entered into our system and are not scheduled properly. This is why we need all maintenance requests to go through the front desk. Thank you for all your help.



How Did Memorial Day Begin?

Memorial Day is a federal holiday in the United States for remembering the people who died while serving in the country's armed forces. Memorial Day was originally called "Decoration Day" after the American Civil War in 1868. However, by the 20th century, competing Union and Confederate holiday traditions which were celebrated on different days, had merged, and Memorial Day was extended to honor all Americans who died while in the military.

Many people visit cemeteries and memorials to honor those who have died in military service. Many volunteers place an American Flag on each grave in national cemeteries.

Memorial Day is not to be confused with Veterans Day; Memorial Day is a day of remembering the men and women who died while serving, while Veterans Day celebrates the service of all U.S. military veterans.

Please join us for our Annual Memorial Day Picnic

May 26th at 11:30 am in the Manor front parking lot



Notes from Nursing

May is American Stroke Awareness Month

As we move into May, it is important to remember a serious condition that affects many individuals. A stroke is caused by blood not being able to reach your brain, causing the brain to go without oxygen and necessary nutrients. Trouble speaking and one sided weakness are the most common symptoms that are associated with stroke. The faster that someone having a stroke can get to the hospital, the better their outcome may be. Strokes can cause permanent damage to the body and brain depending on how severe they are. If you suspect that someone is having a stroke, it is very important to get immediate medical assistance.

Notes from the Marketing Department

Copperfield Hill will be hosting our second annual Health & Wellness Resource Fair on May 18th. Like last year, we will be hosting a number of different businesses on each of the floors in the Manor. The event will run from 10am to 2pm. Please mark your calendars. All are welcome.

Also, to all the mothers out there, we would like to wish you a very happy Mother's Day.



4200 40th Ave. N.
Robbinsdale, MN
55422



Did you know May is:

National Nurses Month

Older Americans Month

Bike Month

Mental Health Awareness
Month

Military Appreciation
Month